

# Tuzinduke

A Human Rights Comic Book for Children



HRE/ED/pS/8

Upper Primary School  
*Damoya Tutetee Haki*



KENYA HUMAN RIGHTS  
COMMISSION



# Tuzinduke

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## References

- (i) UN Charter on Children's Rights
- (ii) Basic Needs Are Basic Rights  
The Love Challenge for Constitutional Reform in Kenya - Basic Rights Steering Committee
- (iii) Children's Rights Club  
A Facilitators Manual - Kenya Alliance for Advancement of Children (KAACR)
- (iv) Teaching Ourselves Our Rights  
A Manual for Community Trainers (Volume Two) - The Legal Resources Foundation (Kenya)
- (v) The Rights Staff  
An Education Resource on the UN Convention on the Rights of the Child



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## Dedication

*Tuzinduke* is dedicated to all children of Kenya who face human rights violations that are reinforced by the sometimes inconsiderate social and political structures that deny them voice. To those who have lost their lives as a result, this is a tribute to them.

## Acknowledgements

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Our appreciation goes to Susan Owiro, Kennedy Ochieng, and Paul Sanders interns with KHRC and my colleague Wambui Kimathi for the invaluable contribution and support.

And finally to Trocaire for providing financial support towards publication of *Tuzinduke*.

To all of you *Ahsanteni sana*.

Brigit Moraa  
September 2001





# Preface

## To the children of Kenya:

The Kenya Human Rights Commission is pleased to let you know that *Tuzinduke: A Human Rights Comic Book for Children* is specially prepared for you, children of Kenya. *Tuzinduke*, is the Kiswahili word for 'let us learn' or 'let us become enlightened' or 'let us become conscious'. As used in the title of this book, *Tuzinduke* is a call to all of you Kenyan children to join hands in learning and becoming aware of your human rights. It is prepared both as a self-help and group learning resource to fulfill the need for all children to be exposed to information on human rights.

It is aimed at engaging your interest in human rights and deepening your understanding of human rights and responsibilities. This is expected to be a part of your preparation for the various roles you are bound to play in shaping not only your present but also your future!

This book carries the message that all human beings have human rights. As a child, you are an important member of the human family. You have a right to know and defend your human rights. As you enjoy your human rights, you also have the responsibility to make sure that you do not violate the rights of other people.

Learning about human rights is the first step towards the development of a society where all people enjoy their human rights. *Tuzinduke* presents episodes meant to take you through this step. It is an invitation to all of you to join in the dialogue of human rights, which continues to expand each day throughout the world. Our country has seen a rapid growth of this dialogue and there is an increasing need for all people to join in to strengthen the movement towards a new Kenya without human rights violations. You cannot be left out of this movement. It is important that you be a part of this dialogue. As you read the book, feel free to share and discuss the issues it presents with your friends, teachers, parents, relatives and neighbours.

You are the present and future of this country. We believe that if our country is to be based on a solid human rights foundation, then the children of Kenya must be at the center of developing a permanent national culture based on the respect for human rights. Learn about your human rights and responsibilities now. Enjoy your rights, respect the rights of others and care for one another. Be a part of the large number of people working together to strengthen the human rights movement in Kenya.

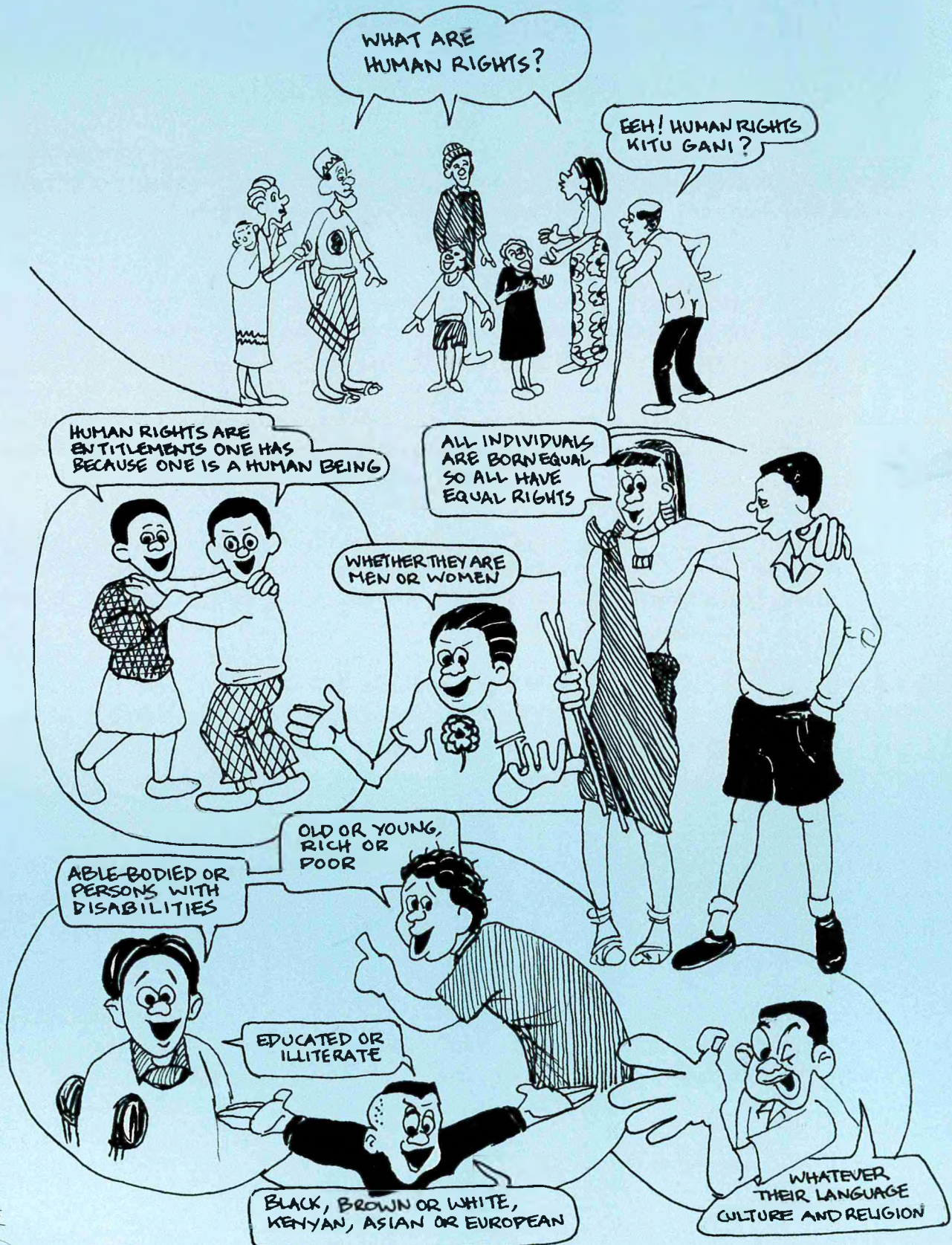
Lastly, we at the Kenya Human Rights Commission wish you success in your education. We express our sincere confidence that there is hope in you for a new Kenya based on a strong foundation of human rights. *Pamoja Tuzinduke! Pamoja Tuzinduane! Pamoja Tutetee Haki! Choose Human Rights!*

James Nduko  
Human Rights Education Program Officer, 2001





# What are Human Rights



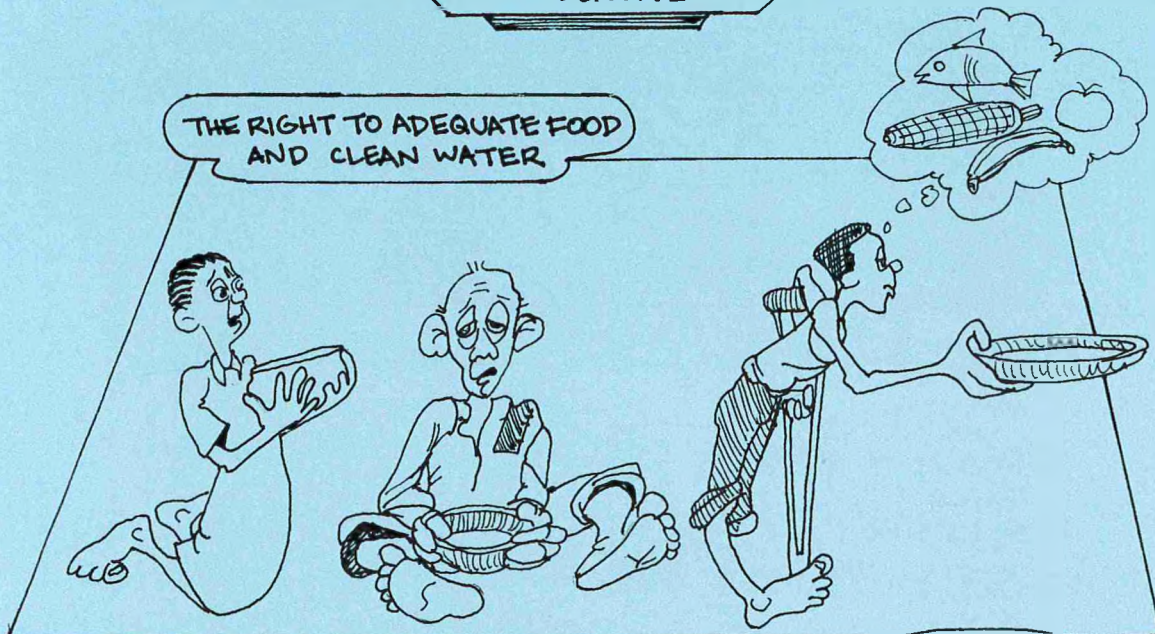


# Choose Survival

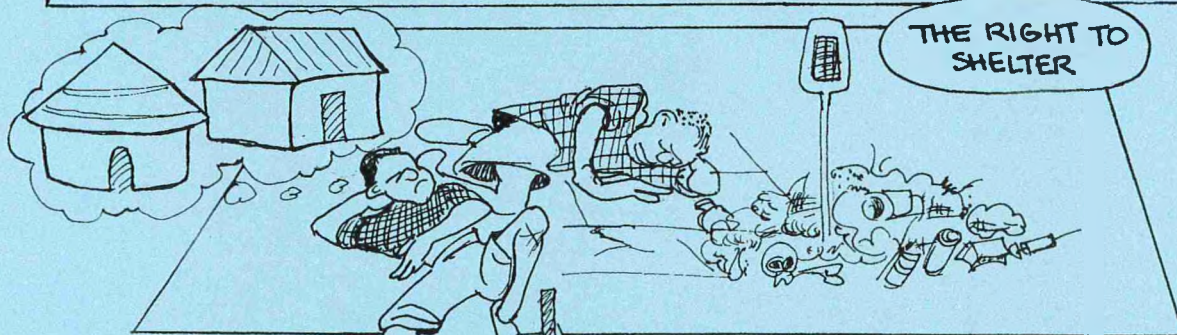
HUMAN RIGHTS CAN BE BROKEN  
INTO SEVERAL CATEGORIES

**SURVIVAL RIGHTS**  
THE RIGHTS YOU NEED  
TO SURVIVE

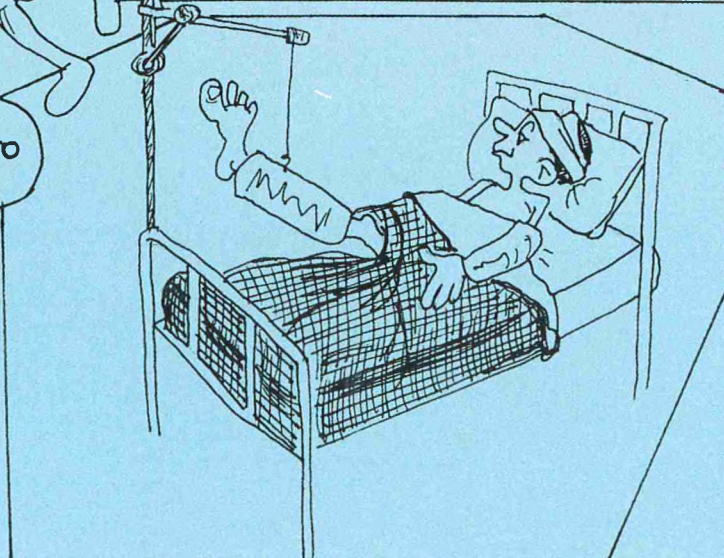
THE RIGHT TO ADEQUATE FOOD  
AND CLEAN WATER



THE RIGHT TO  
SHELTER

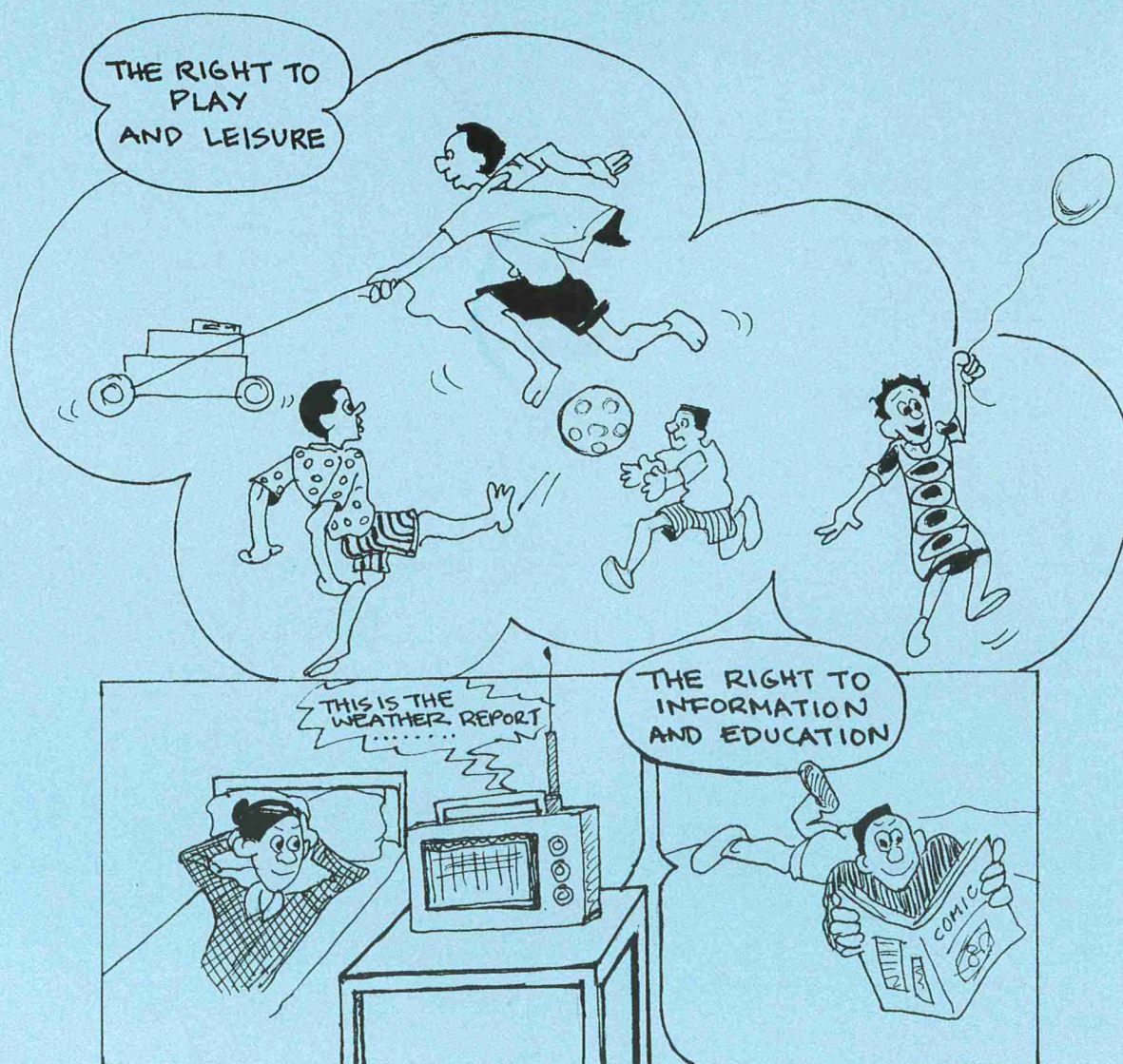
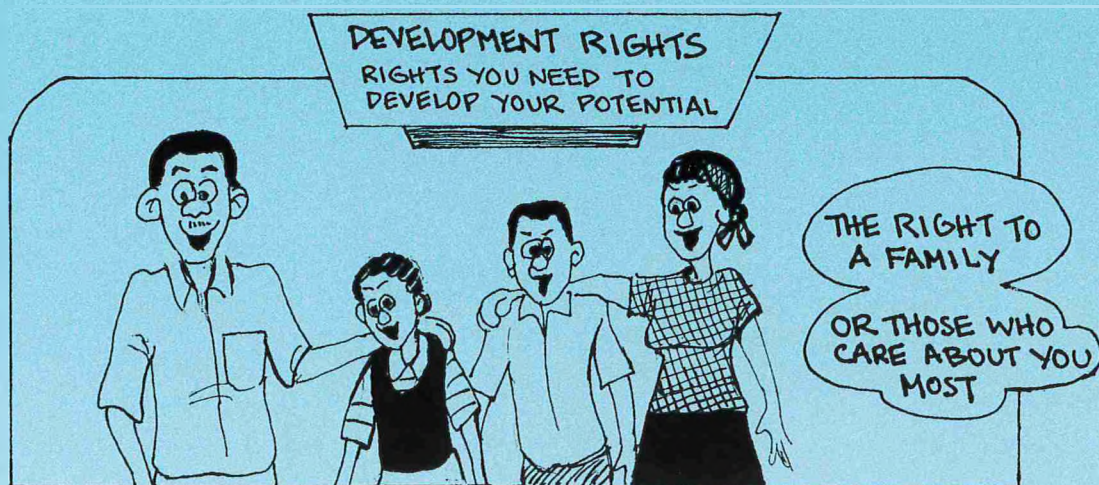


THE RIGHT TO  
HEALTH



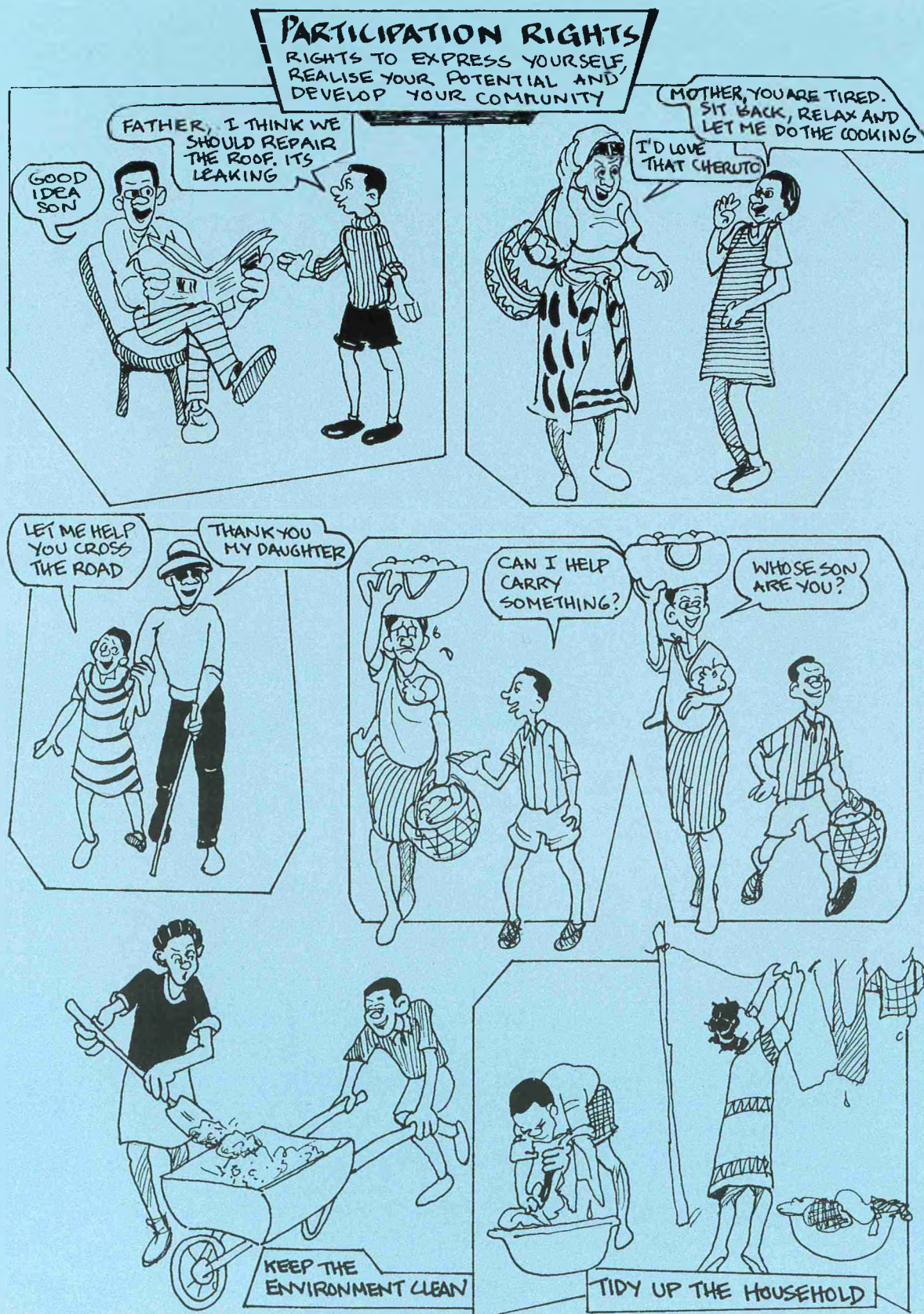


# Develop your full potential



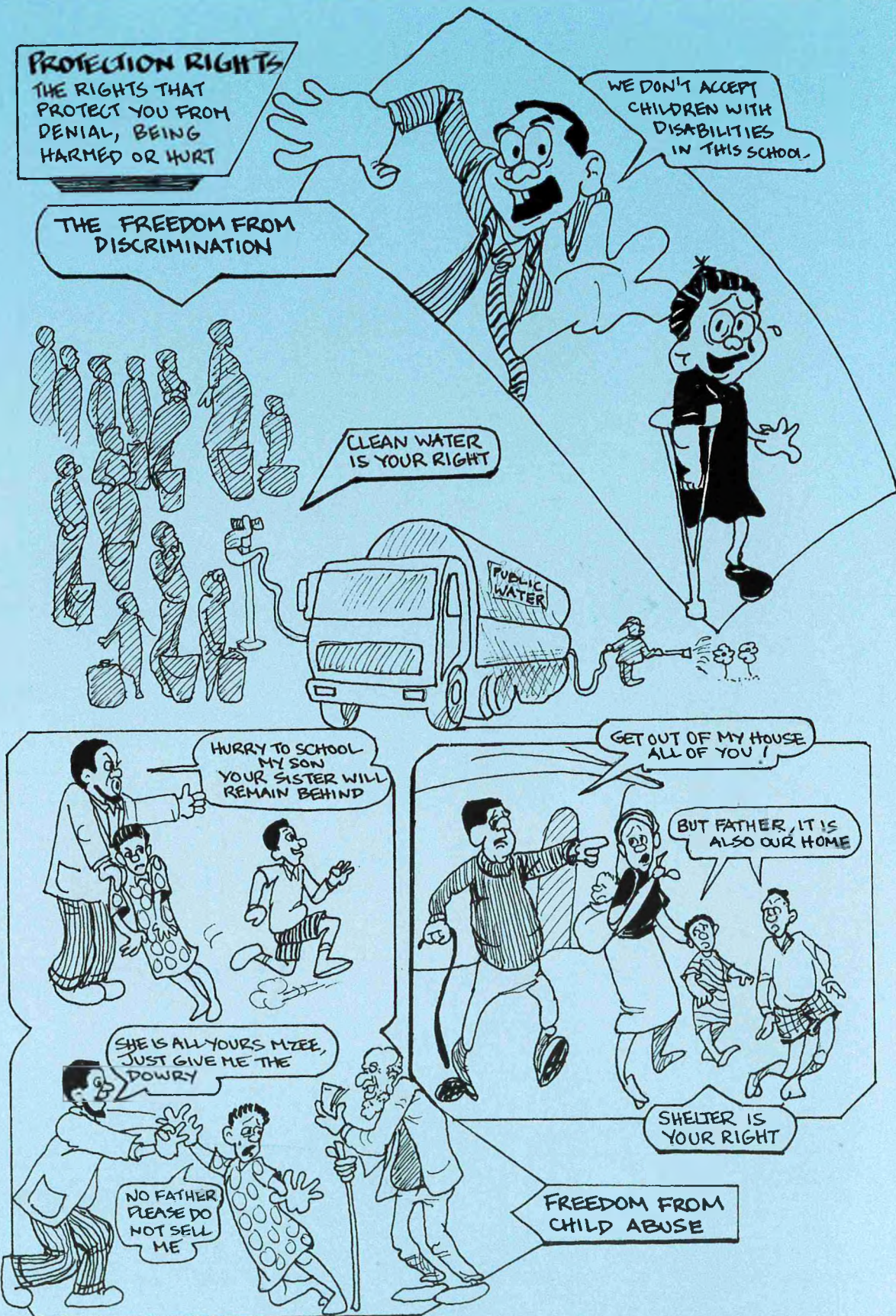


# Choose participation



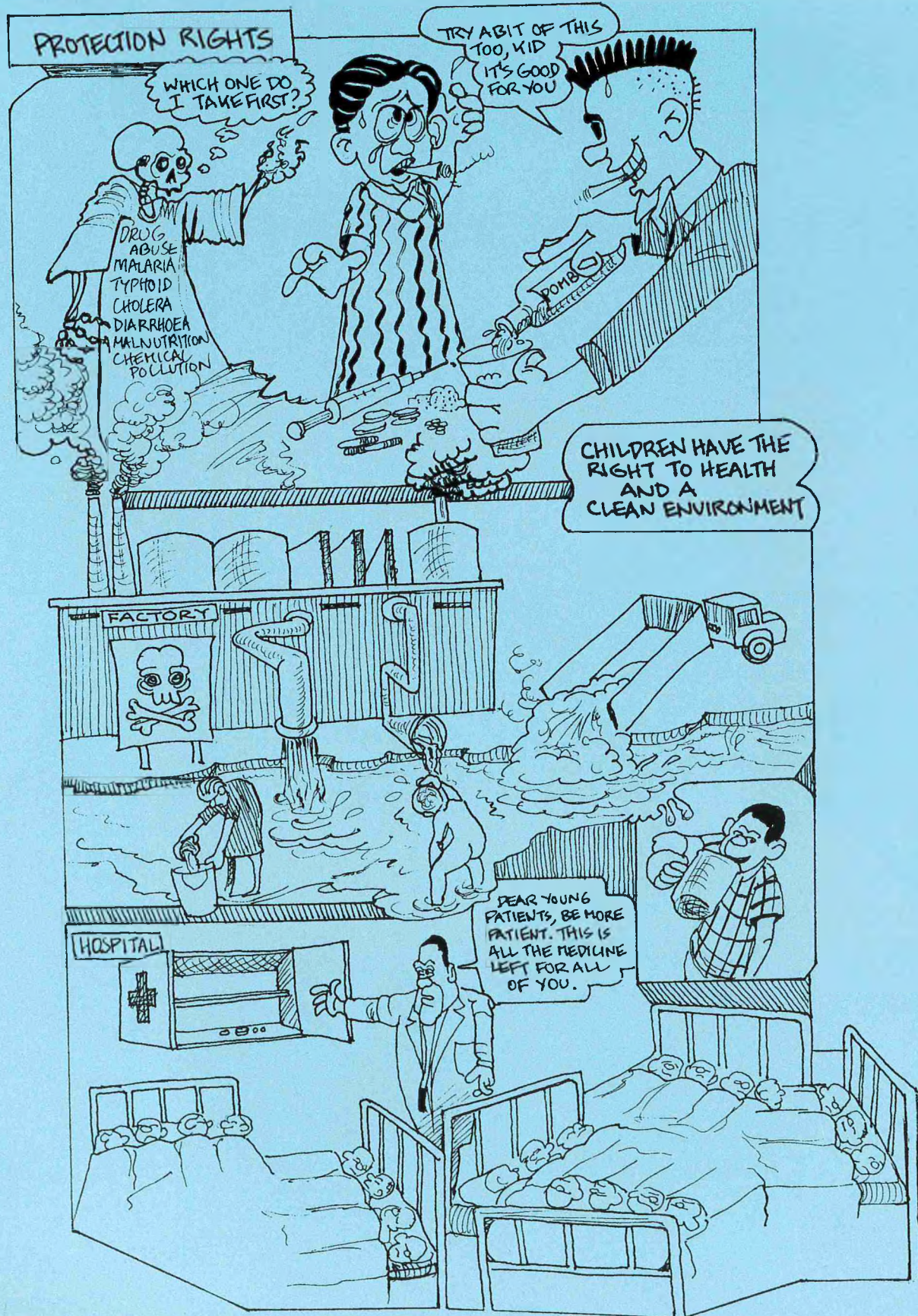


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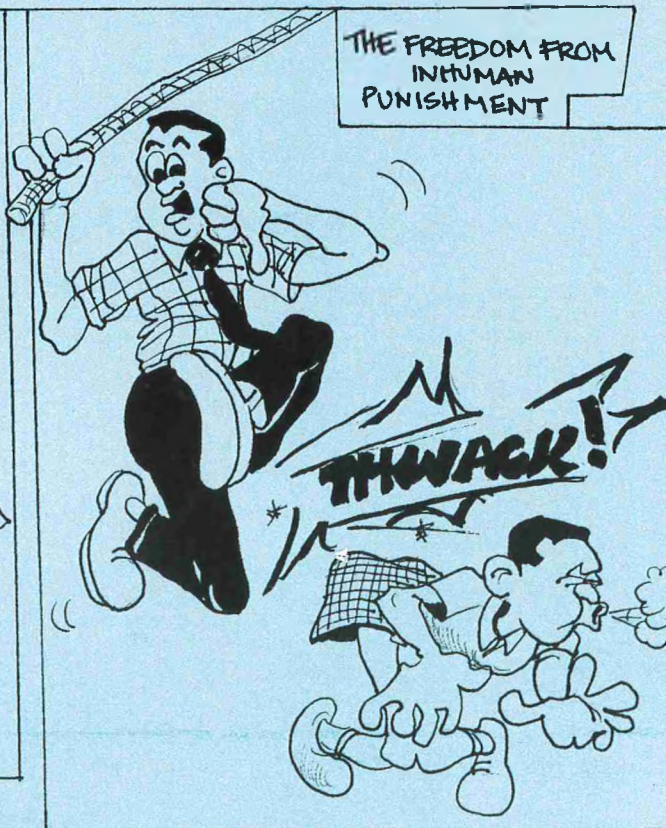
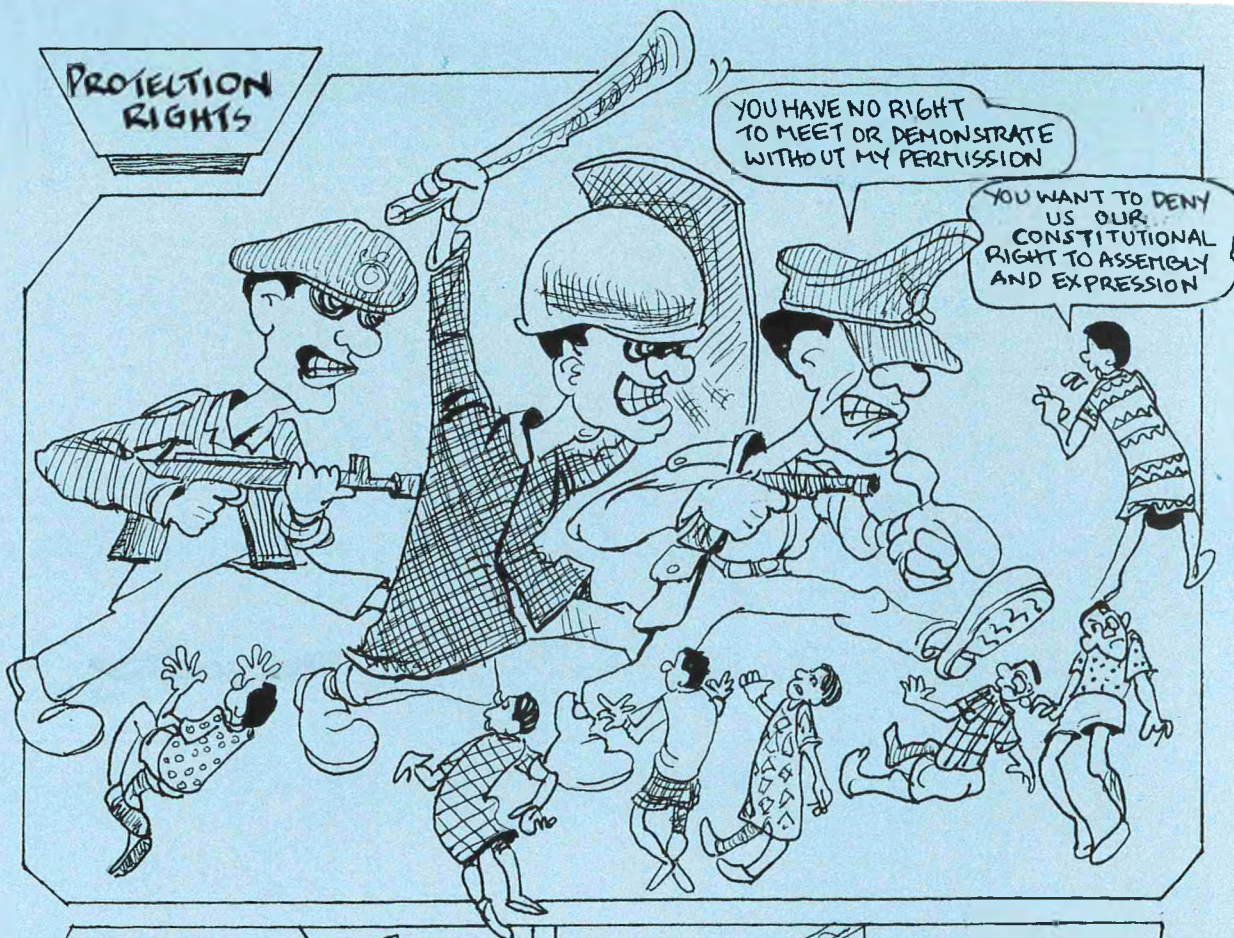


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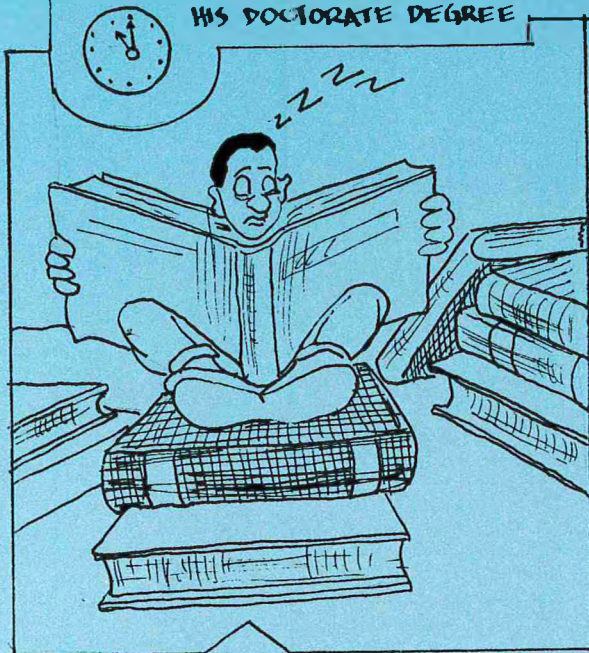
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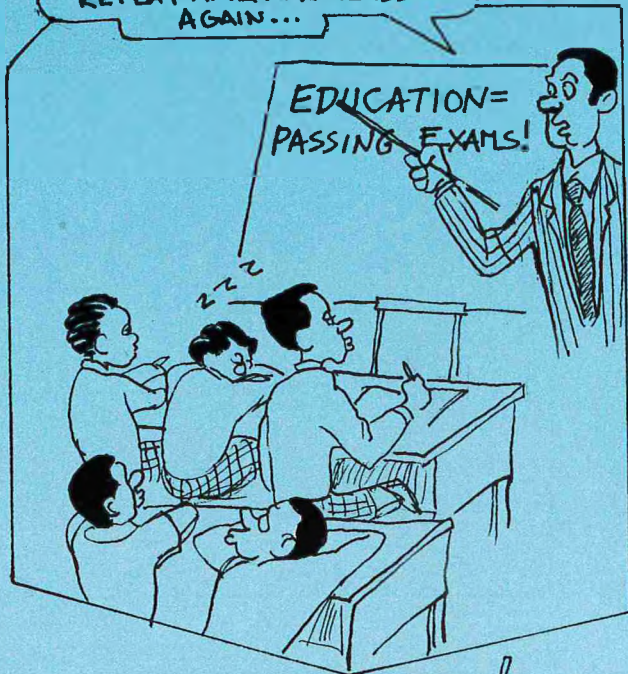
# Choose education

MUTUA IS ONLY IN STANDARD 5. BUT IF YOU ASK HIM HE WILL TELL YOU HE FEELS LIKE HE IS PURSUING HIS DOCTORATE DEGREE



**EDUCATION; MUTUA'S DILEMMA**

REPEAT AFTER ME CLASS... AGAIN...



YOU AND I KNOW THAT I DON'T TOLERATE THOSE WHO FAIL MY EXAMS



- CHILDREN HAVE THE RIGHT TO FREE PRIMARY EDUCATION
- CHILDREN HAVE THE RIGHT TO PLAY AND REST
- CHILDREN HAVE THE RIGHT TO BE PROTECTED FROM HURT AND NEGLECT

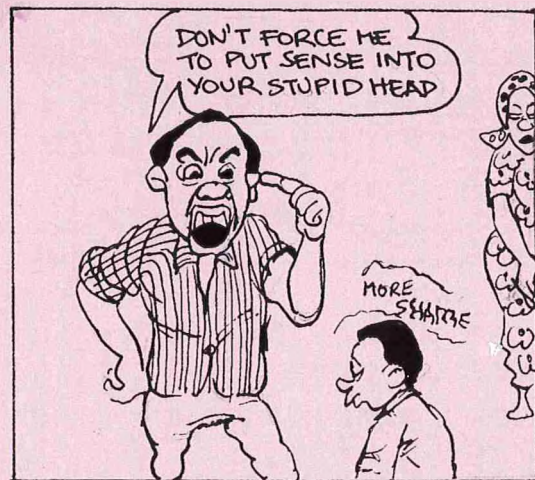
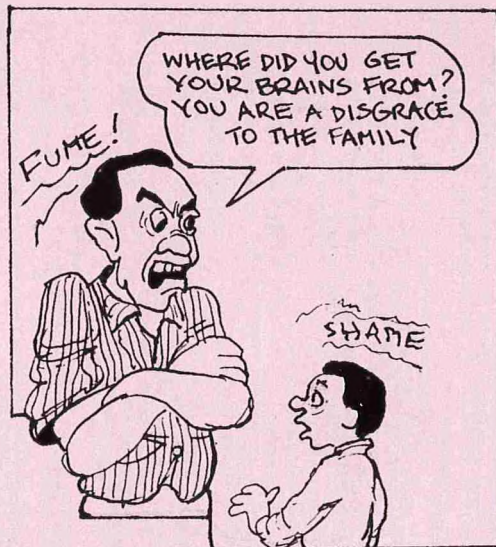
- STUDENT PERFORMANCE IN KENYA HAS BEEN ON THE DECLINE IN THE LAST 10 YEARS
- FOR THE LAST 10 YEARS NATIONAL COMPLETION RATE IN PRIMARY EDUCATION HAS BEEN LESS THAN 50%
  - ↳ OF THESE LESS THAN 46% COMPLETE SECONDARY EDUCATION
  - ↳ OF WHICH LESS THAN 20% CONTINUE TO ANY OTHER HIGHER EDUCATION

HOMEWORK-!





# Choose dignity





# Choose open expression

BUT MUTUA HAD OTHER IDEAS

IT IS NOT MY FAULT THAT I'M NOT FAIRING WELL IN SCHOOL. I TRY MY LEVEL BEST



BUT I DON'T BLAME FATHER THAT HE DOESN'T UNDERSTAND HE ANYMORE. HE IS UNDER A LOT OF FINANCIAL PRESSURE



HOWEVER, IT WILL BE MY FAULT IF I DON'T EXPLAIN MYSELF TO HIM IN A WAY THAT HE UNDERSTANDS



MOTHER AND FATHER WHAT?!



I KNOW MY EDUCATION IS A HEAVY BURDEN TO THE FAMILY RESOURCES AND I APPRECIATE ALL YOUR EFFORTS AND DEDICATION. NATURALLY YOUR EXPECTATIONS OF ME ARE HIGH



GET TO THE POINT



LEARNING IS ITSELF NOT BAD. BUT THERE IS TOO MUCH WORK AT SCHOOL PLUS HOMEWORK. I DON'T PLAY OR RELAX. THERE IS PRESSURE FROM ALL SIDES



HOW CAN I SURVIVE WITHOUT SLEEP AND REST... AND NOW FOOD?



I NEED HELP. I'LL TRY TO WORK HARD BUT AT MY OWN PACE. AND FATHER, PLEASE DON'T USE FOOD TO PUNISH ME. I'M NOT THAT BAD.



SUPPER IS READY. EAT, SLEEP AND ENJOY SWEET DREAMS!



SOME OF MY CLASSMATES ARE DOING DRUGS, OTHERS TAKE ALCOHOL, MISSING CLASSES OR BREAKING DOWN FROM THE PRESSURE



AND I DON'T WANT TO FEAR HOME OR MY PARENTS. I NEED YOU AND I LOVE YOU

SON, THANKS FOR SPEAKING YOUR MIND. BE ASSURED OF MY SUPPORT FROM NOW ON. AND - DON'T EVER FEAR ME AGAIN



# Choose equal rights for girls and boys

**NASERIAN: A CASE OF DISCRIMINATION**

I MAY BE OLD IN BODY BUT YOUNG IN MY DESIRES

- ALL HUMAN BEINGS ARE BORN FREE AND EQUAL IN DIGNITY AND RIGHTS
- ALL CHILDREN HAVE A RIGHT TO FREE EDUCATION
- CHILDREN HAVE A RIGHT TO PLAY AND REST

NASERIAN, DAUGHTER OF MZEE UKOO IS IN STANDARD 4

SHE IS A BRIGHT GIRL

BUT RARELY PLAYS WITH HER CLASSMATES

SHE NEEDS EVERY MINUTE WITH HER BOOKS

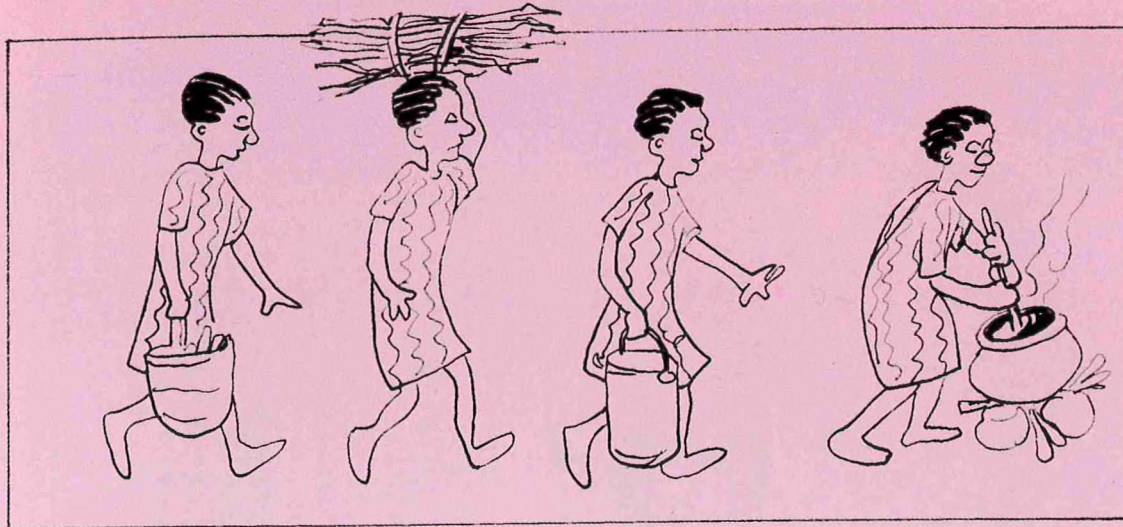
GOING TO SCHOOL HOWEVER, IS JUST ONE AMONG NASERIAN'S MANY DUTIES

AT HOME SHE HAS A DOZEN OTHER DUTIES





# Choose fairness



DID YOU KNOW

MORE GIRLS  
DROP OUT OF  
SCHOOL THAN  
BOYS



64% OF THE  
WORLD'S PEOPLE  
WHO ARE  
ILLITERATE  
ARE WOMEN

AND THEN —

MWALIMU, THEY WANT  
TO MARRY OFF MY POOR  
GIRL, SHE IS ONLY 13



OVER 70% OF  
THE WORLD'S  
POOR ARE WOMEN

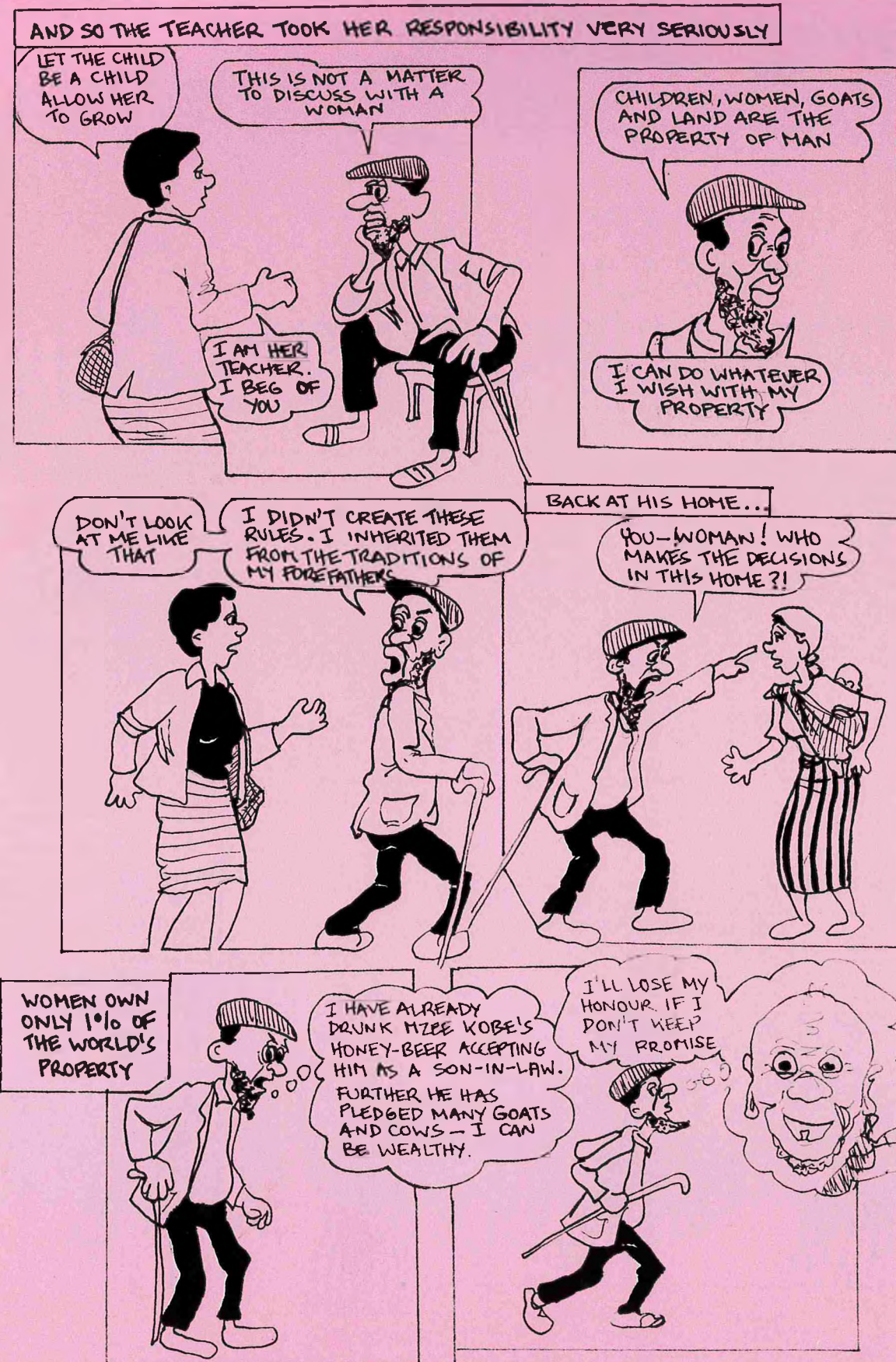
I WILL KILL  
MYSELF

CALM DOWN.  
LET'S GO OVER THIS  
VERY CAREFULLY





# Choose protection for girls in danger





# Choose protection for girls in danger

ELSEWHERE ...

BW. CHIEF PLEASE HELP THIS GIRL. I PLEAD ON HER BEHALF AS HER TEACHER AND GUARDIAN

MWALITU, THIS IS NOT AN ADMINISTRATIVE MATTER. IT IS A DOMESTIC AND TRADITIONAL ONE. I CANNOT INTERFERE.

AND IN MATTERS OF THIS NATURE THE CLAN IS THE COURT OF JUSTICE

SHORT OF KILLING HER THERE IS NO LAW THAT BARS HER FATHER MAKING DECISIONS ABOUT HER, HOWEVER DISTRESSFUL.

THIS IS NOT FAIR. WHAT DO WE DO NOW? WHO CAN HELP NASERIAN?

I SUGGEST YOU TALK TO HER FATHER'S BROTHER HE IS UNDERSTANDING AND HAS GREAT INFLUENCE ON HIS BROTHER.

OH YES I HAVE BEEN FOLLOWING THE MATTER KEENLY

LEAVE IT TO ME I'LL GET BACK TO YOU.





# Choose victory over abuses





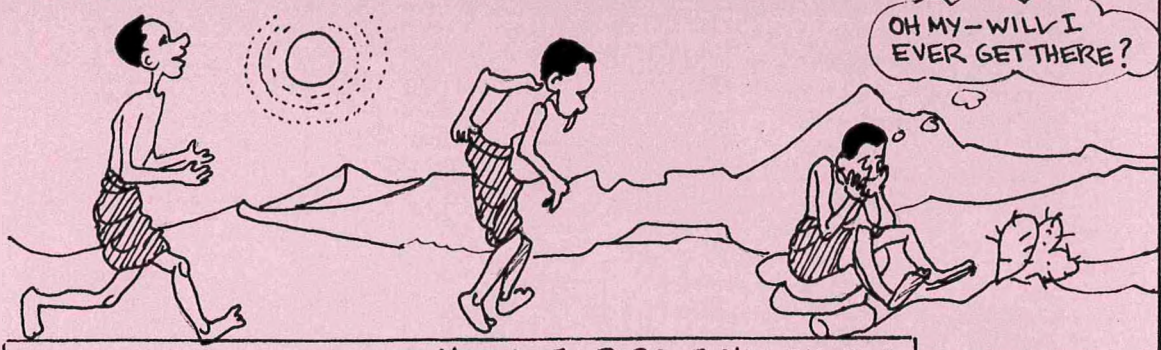
# Choose equal treatment





# Choose equal opportunities to development

ABDI HAD ALWAYS HELD A DREAM .... TO GO TO SCHOOL



SO ONE DAY HE LEFT HIS HOME TO PURSUE HIS DREAM



MANY DAYS LATER, TIRED AND THIRSTY, HE LOOKED UP

AND BEHOLD--

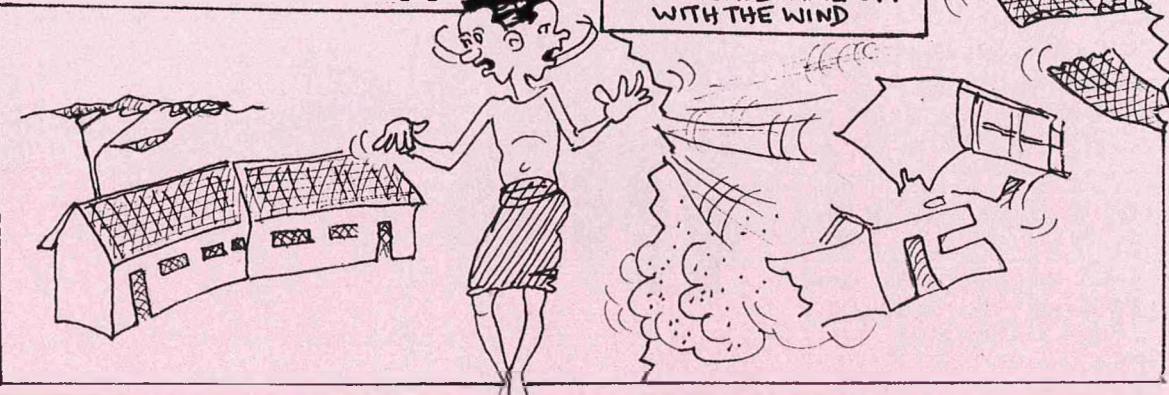


WOW! A SCH--!



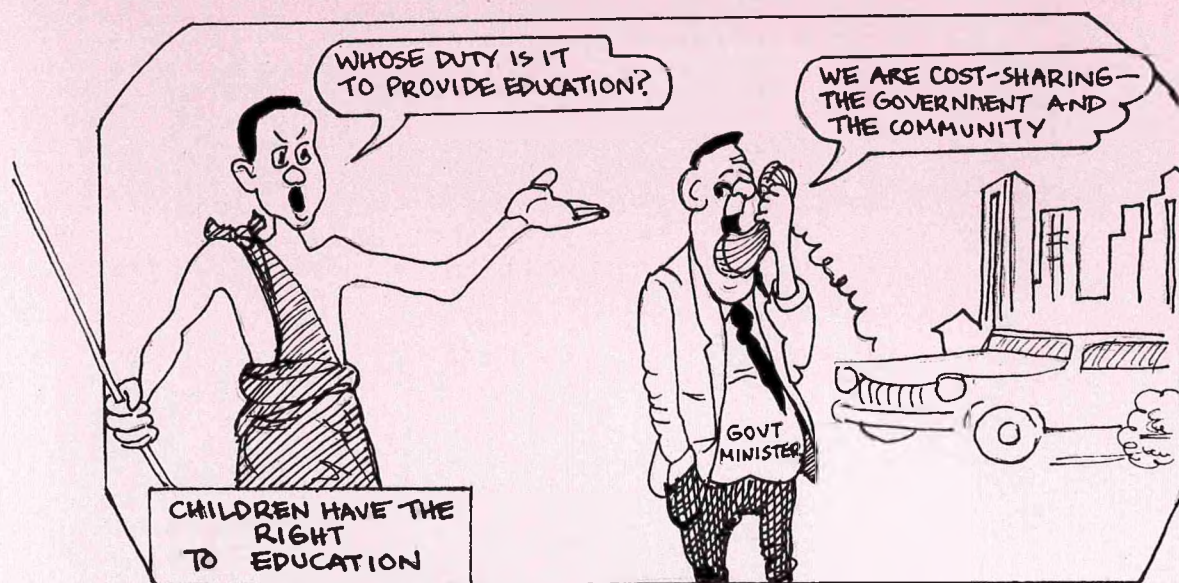
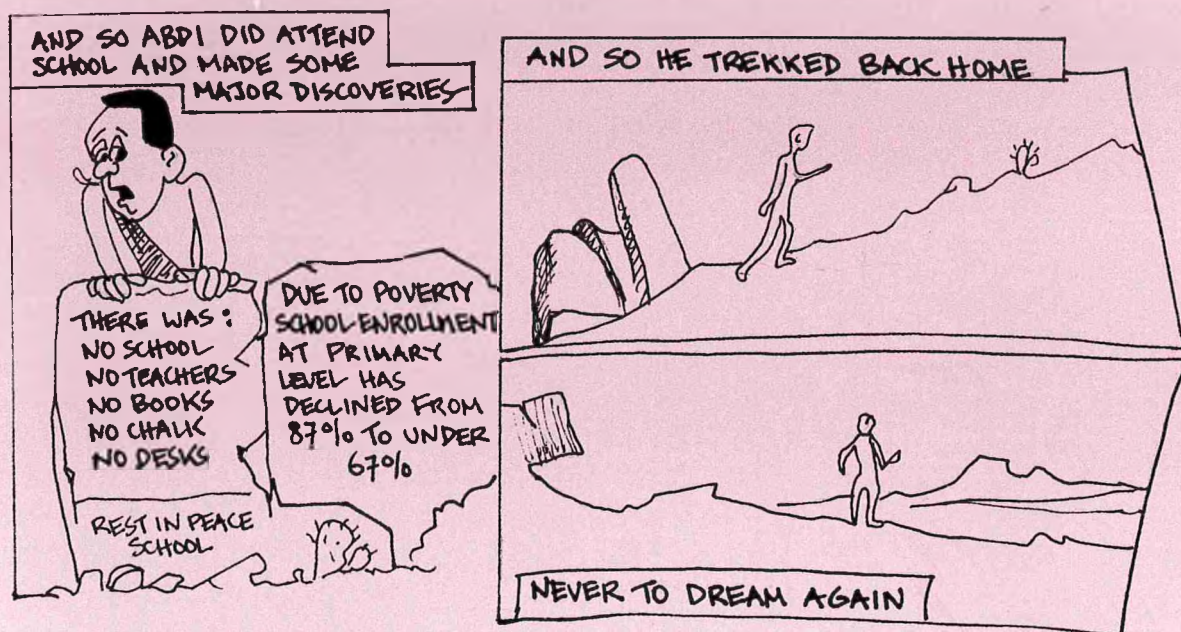
WONDERS OF WONDERS! ONE MINUTE THE SCHOOL IS THERE--

THE NEXT MOMENT, THE SEMI-PERMANENT STRUCTURES ARE OFF WITH THE WIND





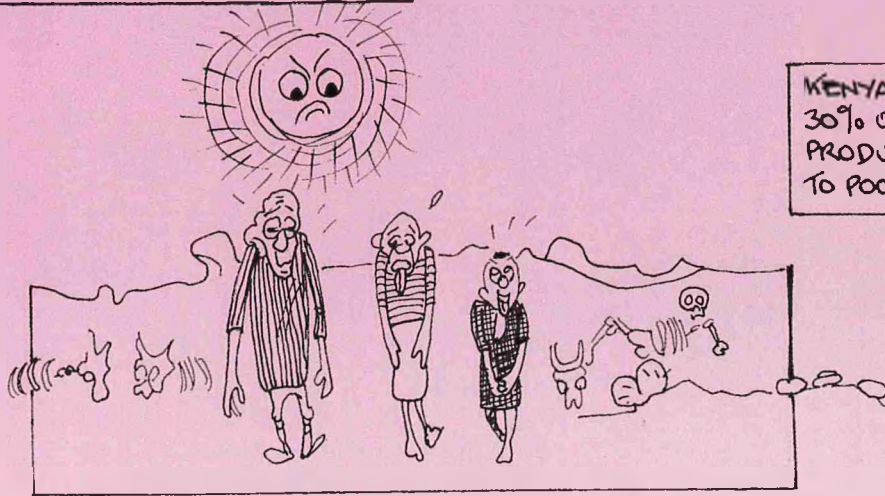
# Choose equal opportunities to development





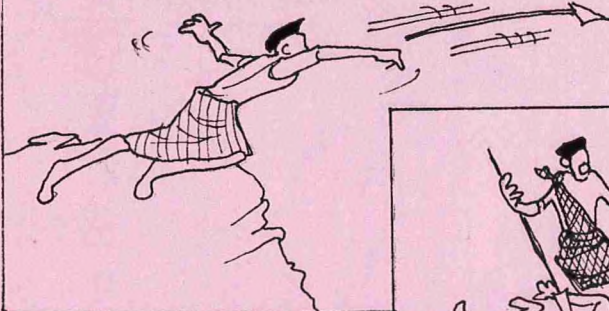
# Choose protection

BUT EDUCATION IS JUST ONE AMONG MANY MISSING SERVICES AND FACILITIES IN THIS CALAMITY-PRONE REGION. THE PRO-LONGED DROUGHT CONTINUES TO SUSTAIN WIDESPREAD HUNGER

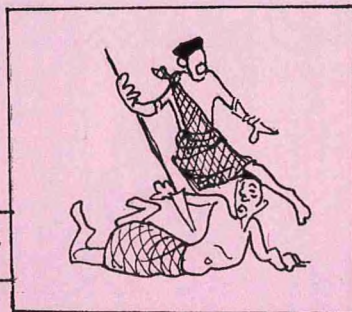


KENYA LOSES UP TO 30% OF ITS FOOD PRODUCTION DUE TO POOR STORAGE

LACK OF RELIABLE SOURCES OF WATER GIVES RISE TO MANY CLAN CONFLICTS .... OVER THE FEW WATER-HOLES



THE YOUNG WARRIORS ARE SOMETIMES CHILDREN



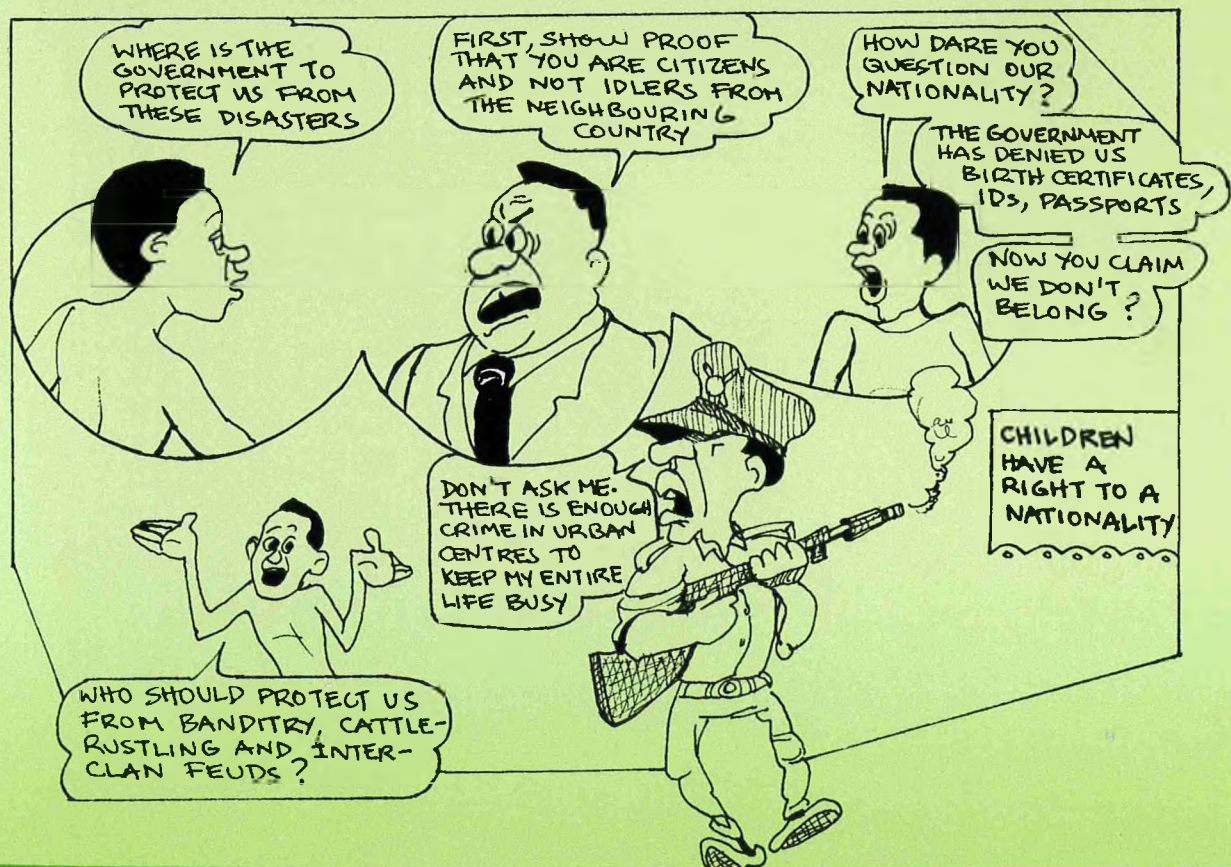
CHILDREN SHOULD NOT TAKE PART OR SUFFER FROM ARMED CONFLICT

LIVESTOCK RAIDS ARE COMMON PRACTICE



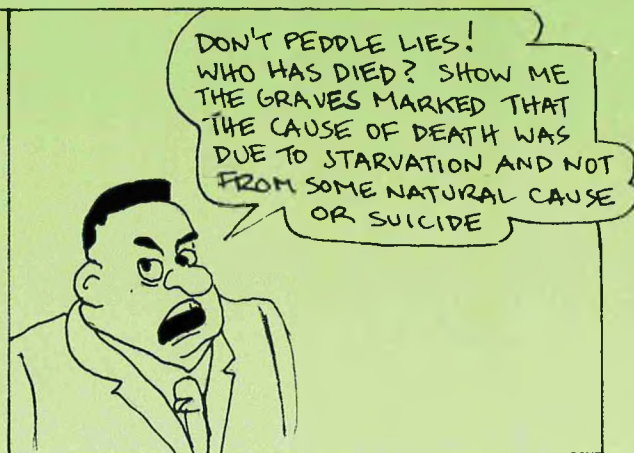


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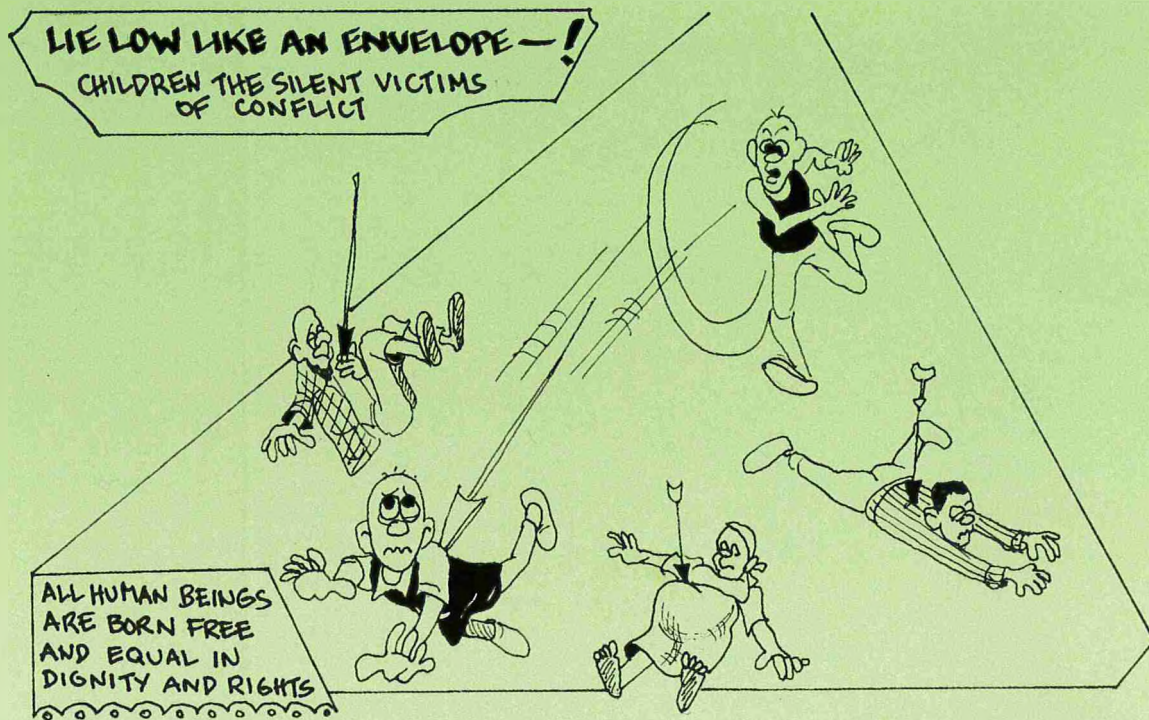


# Choose accountability





# Choose good leadership



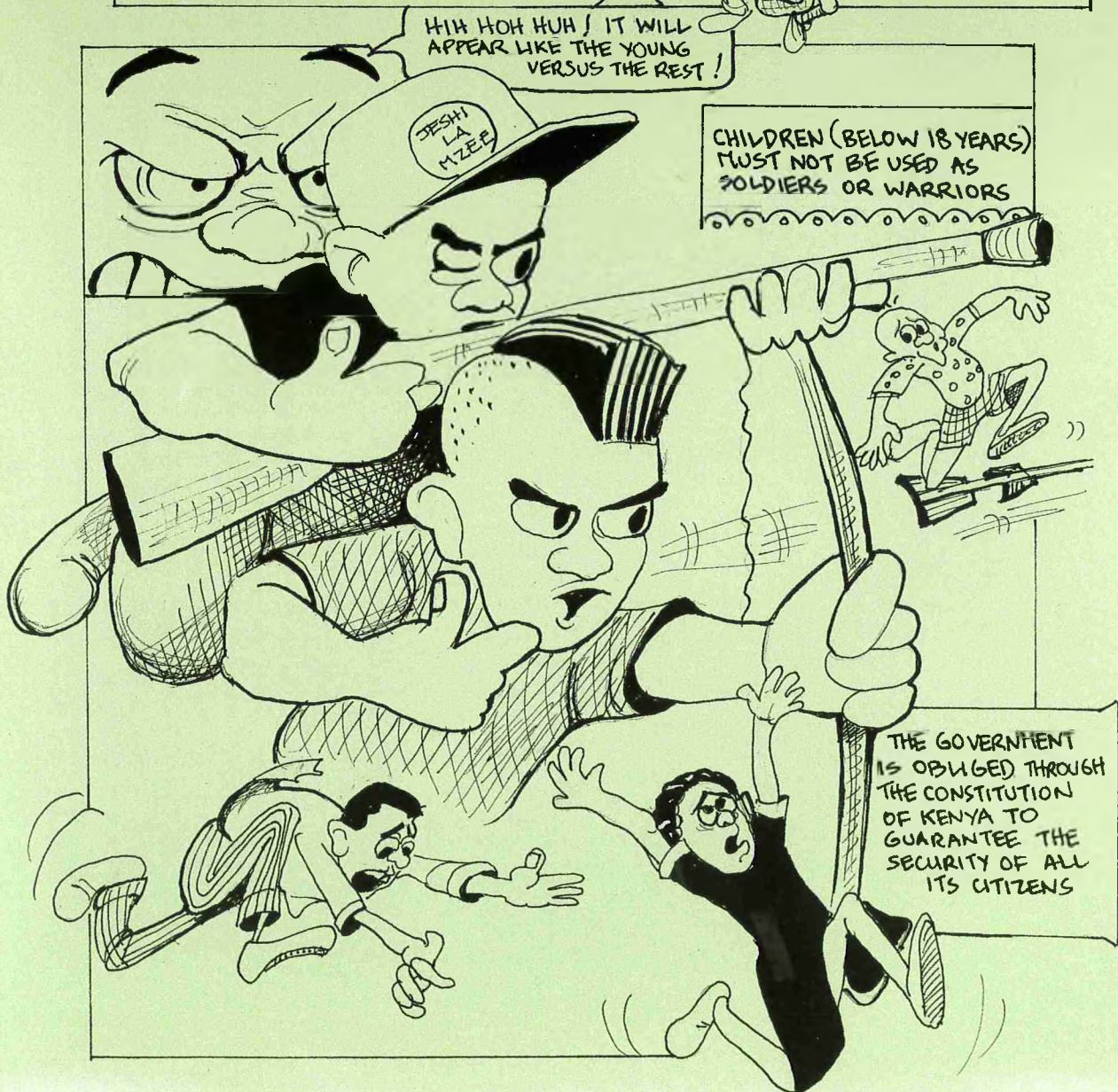


# Choose good governance



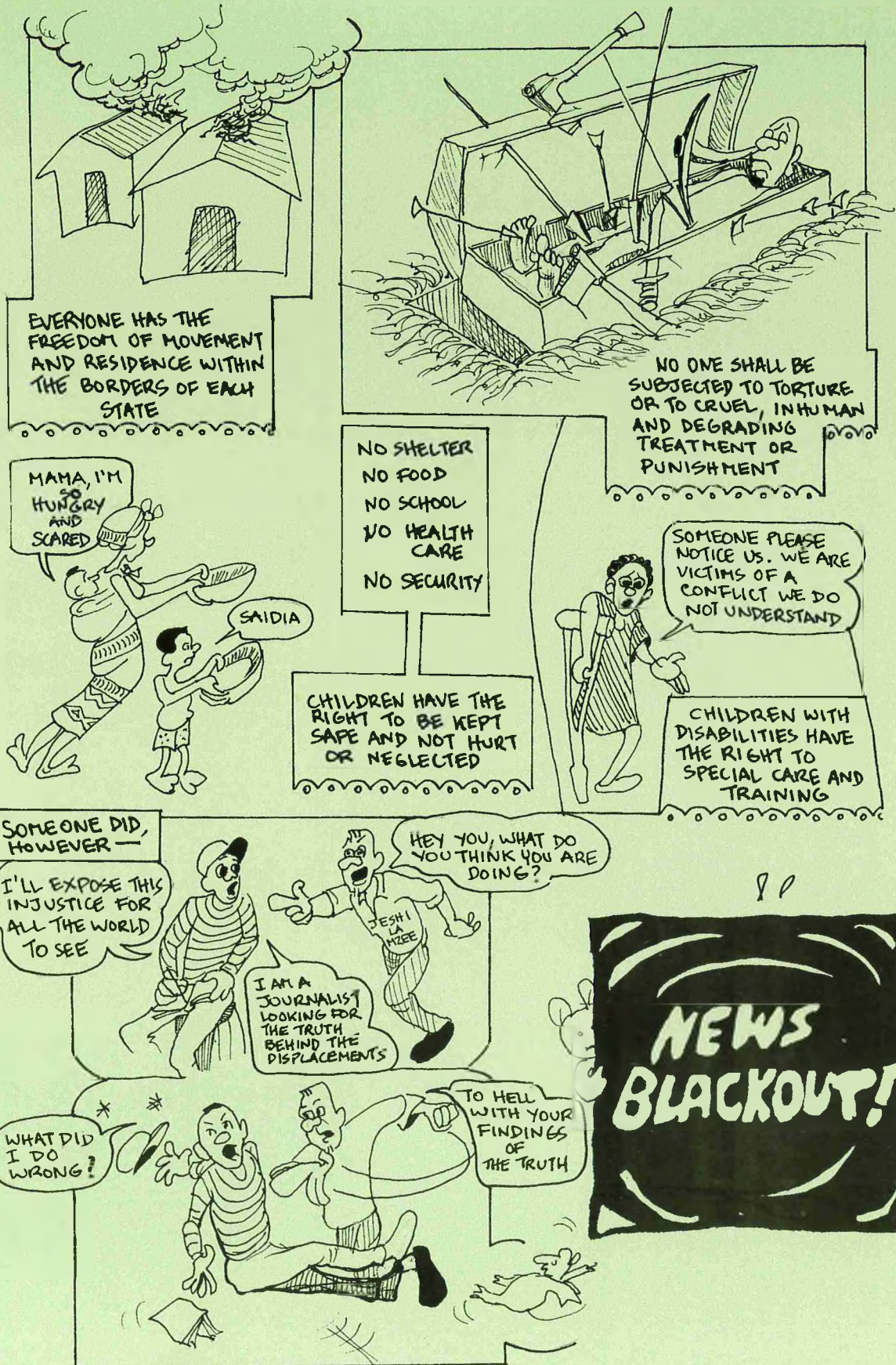


# Choose protection



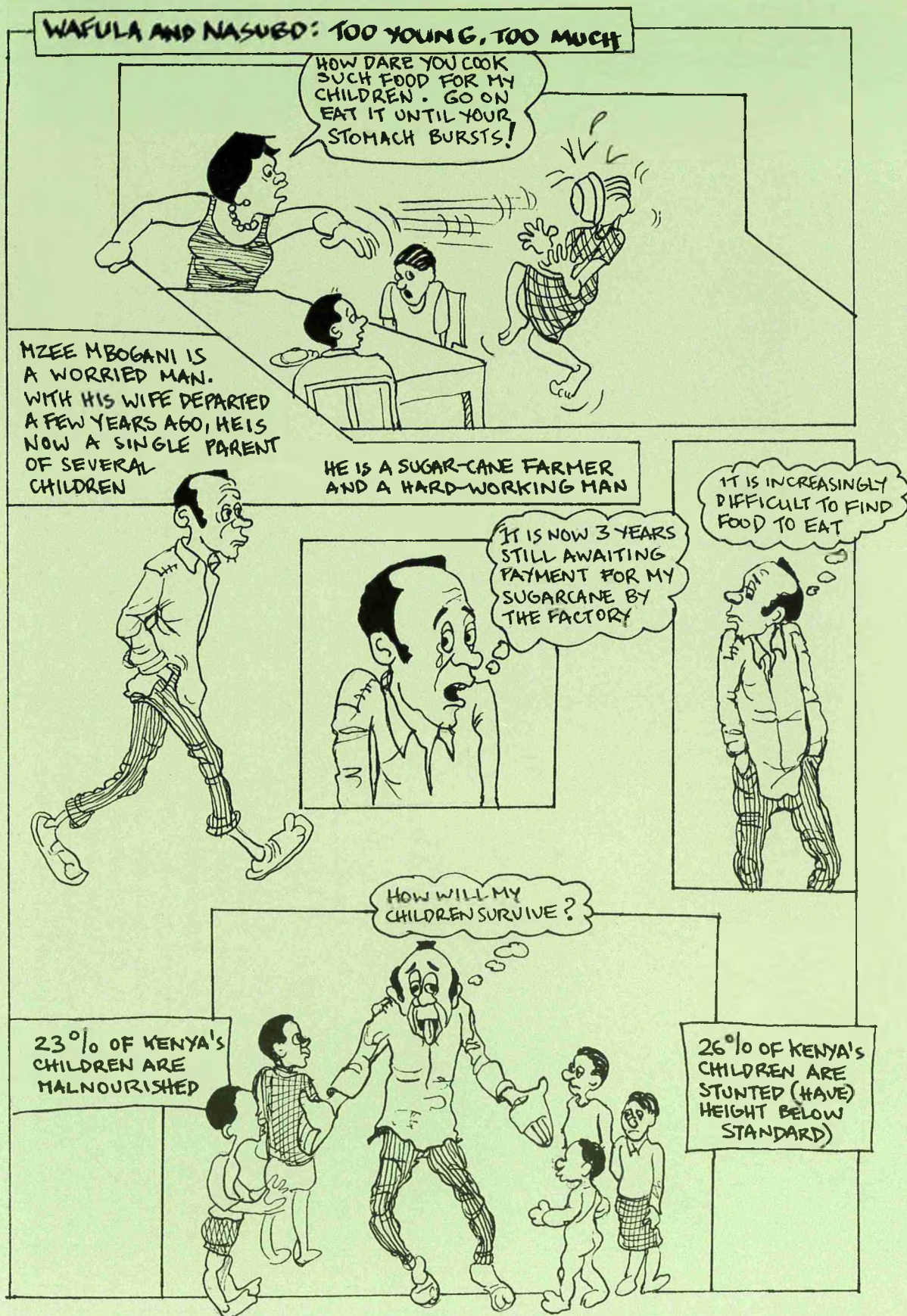


# Know your rights





# Choose protection





# Choose protection

IN DUE COURSE IT WAS  
EVERY CHILD TO HER/HIMSELF



CHILDREN  
SHOULD BE  
PROTECTED  
FROM ALL  
FORMS OF  
EXPLOITATION



12 YEAR OLD WAFULA AT WORK



HEY YOU LAZY-BONES  
FASTER! HARDER!  
YOU WILL REGRET THE  
DAY YOU STOPPED  
SCHOOLING





# Choose protection





# Choose protection





# Choose dignity

16 YEAR OLD WANGARI, AND HER YOUNG SISTER SET OFF TO FETCH FIREWOOD



THIS SHOULD DO FOR THE WEEK



NEED ANY HELP?

I CAN MANAGE, THANKS



BUT THEIR CALM IS SHORT-LIVED



LUCK IS SMILING ON ME TODAY



NJERI, RUSH ON AHEAD AND CALL FOR HELP

GOOD... ONE IS GAME



HEY YOU - STOP!



JUST THEN, FROM A DISTANCE A YOUNG NEIGHBOUR SPOTS THE COMMOTION



GO AWAY

WHAT YOU INTEND TO DO IS TABOO IN OUR COMMUNITY



HEY, COME HERE



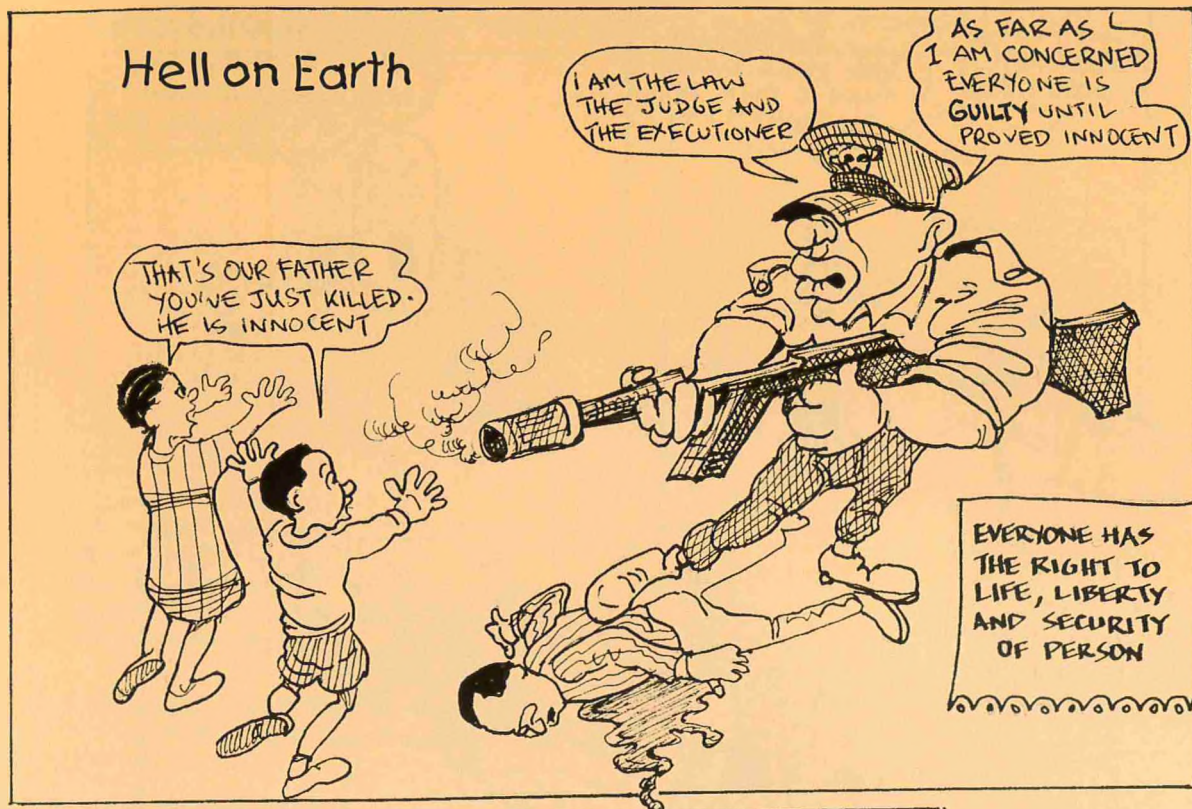


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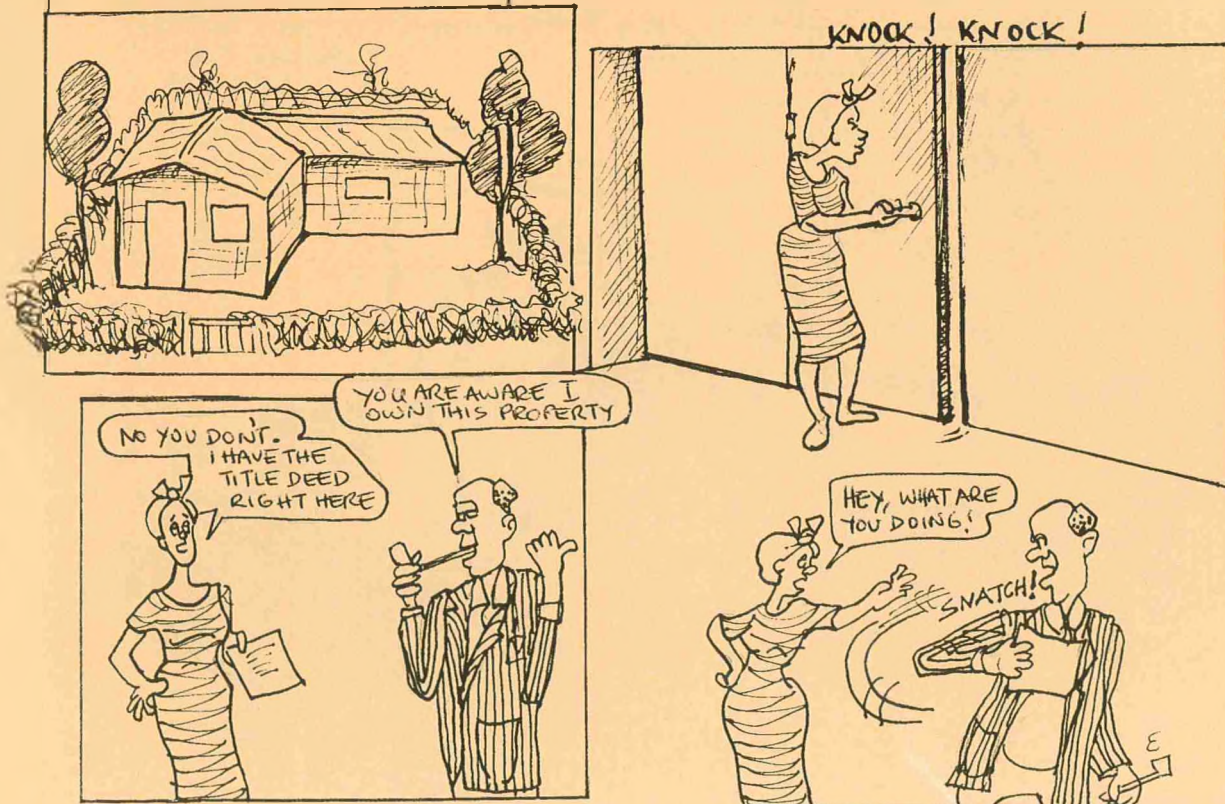




# Choose good governance



THUS MORAA'S AND MOBAKA'S LIVES BEGAN WITHOUT A FATHER.  
AT THEIR HOME ONE DAY....

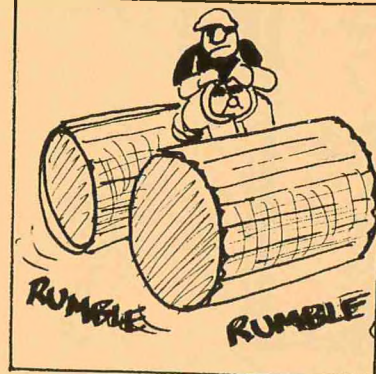




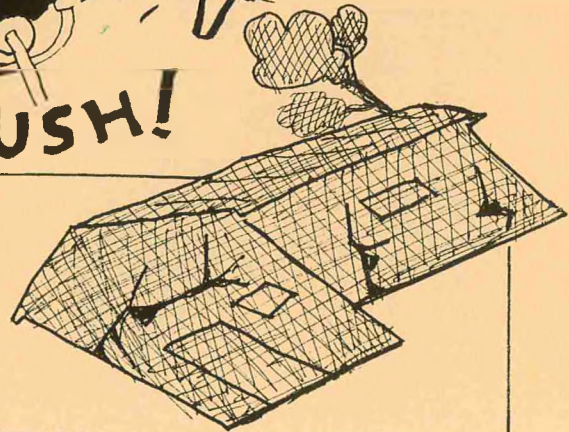
# Choose protection



BEFORE MAMA COULD GO TO COURT—



EVERYONE IS ENTITLED TO THE SECURITY OF THE LAW

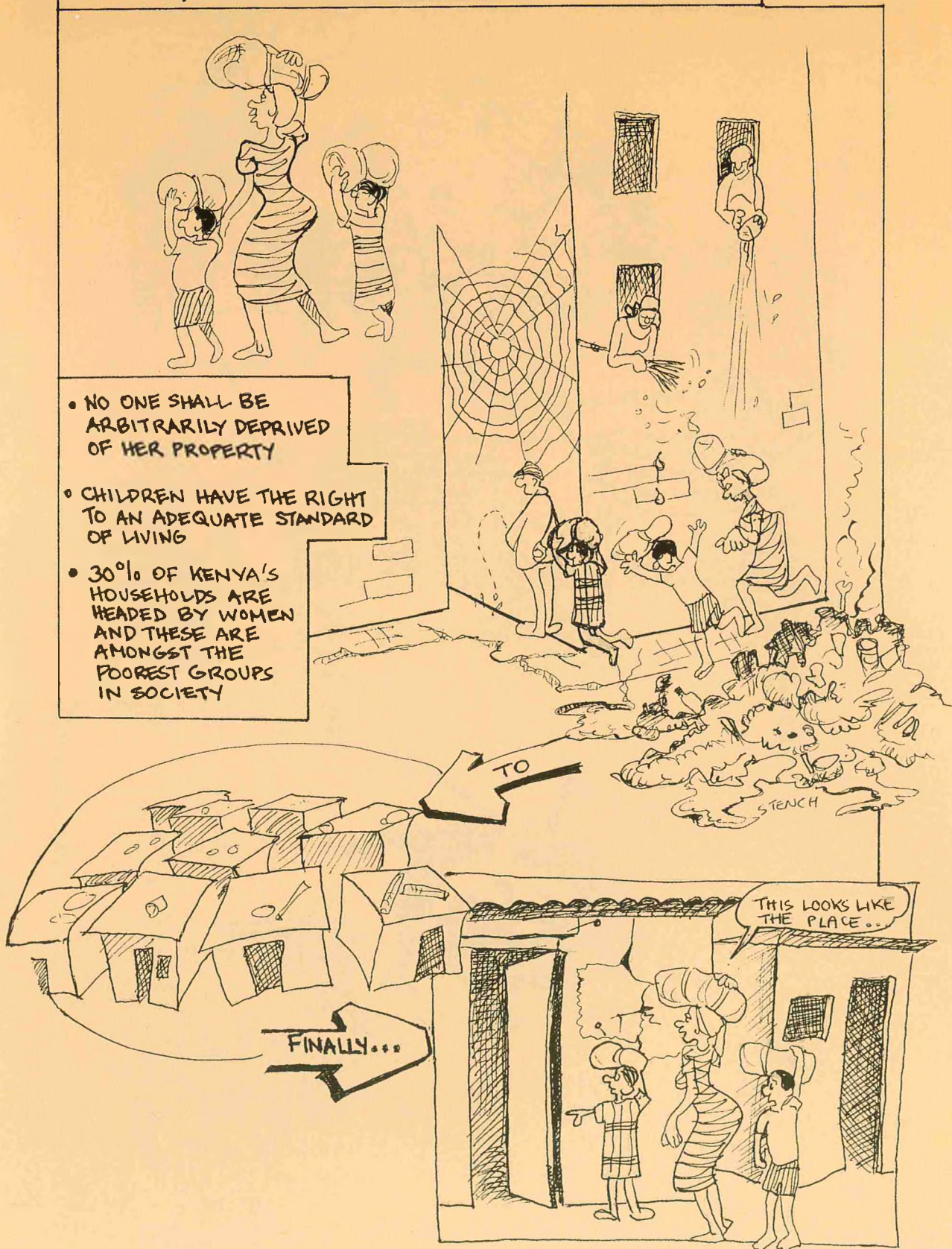




# Choose fairness

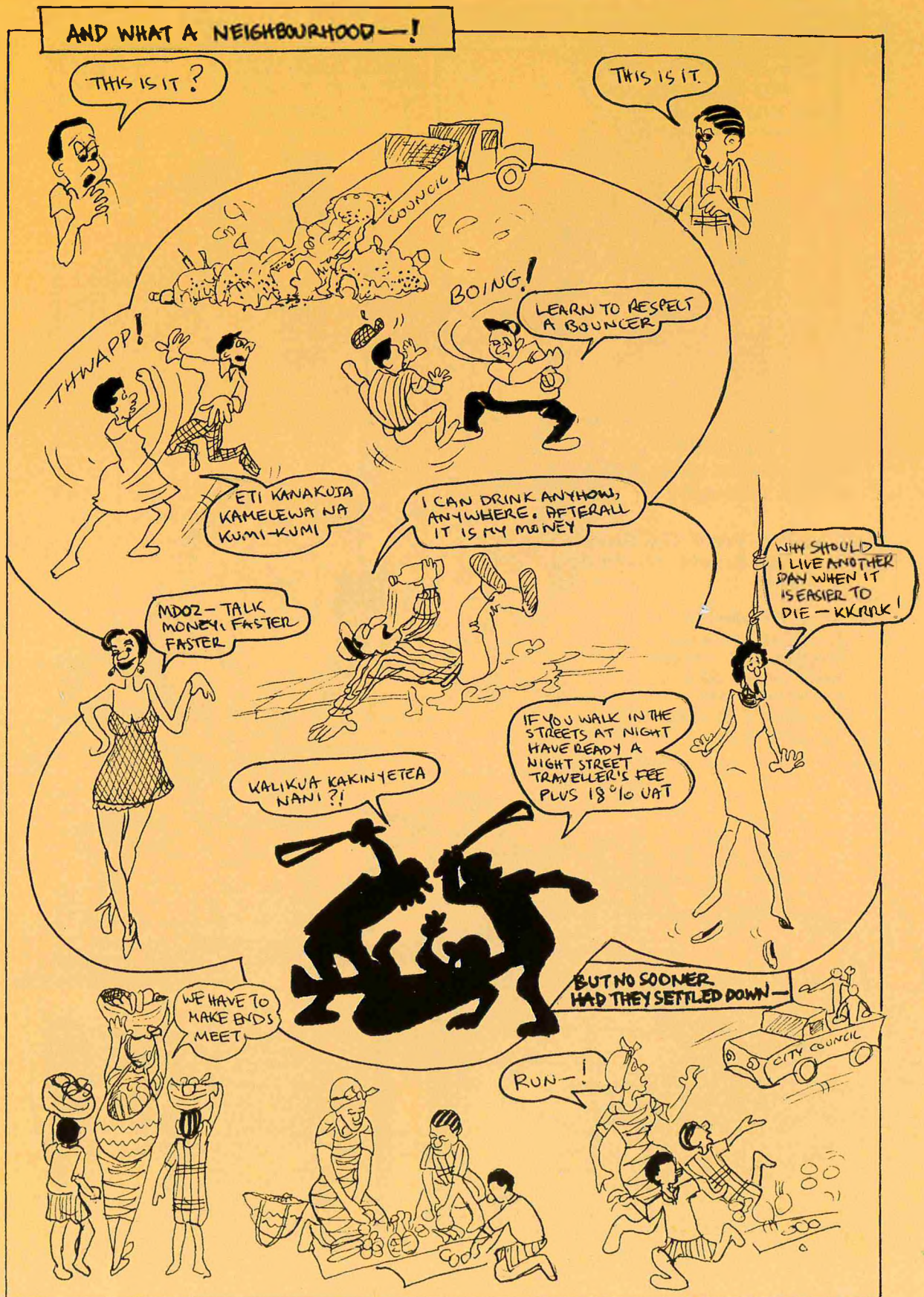
MOGAKA, MORAA AND THEIR MOTHER HAD TO MOVE ELSEWHERE

- NO ONE SHALL BE ARBITRARILY DEPRIVED OF HER PROPERTY
- CHILDREN HAVE THE RIGHT TO AN ADEQUATE STANDARD OF LIVING
- 30% OF KENYA'S HOUSEHOLDS ARE HEADED BY WOMEN AND THESE ARE AMONGST THE POOREST GROUPS IN SOCIETY



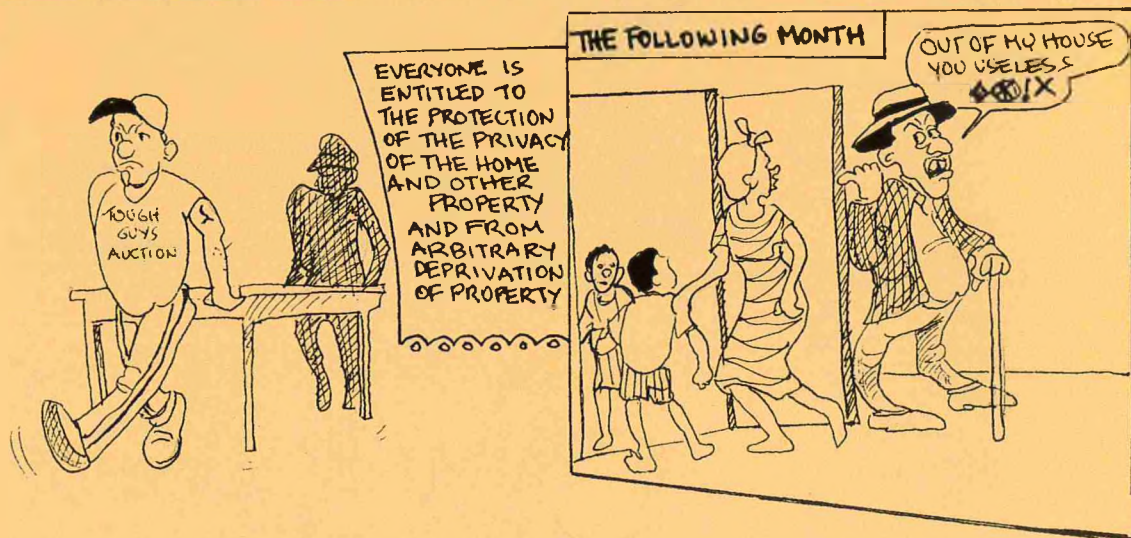
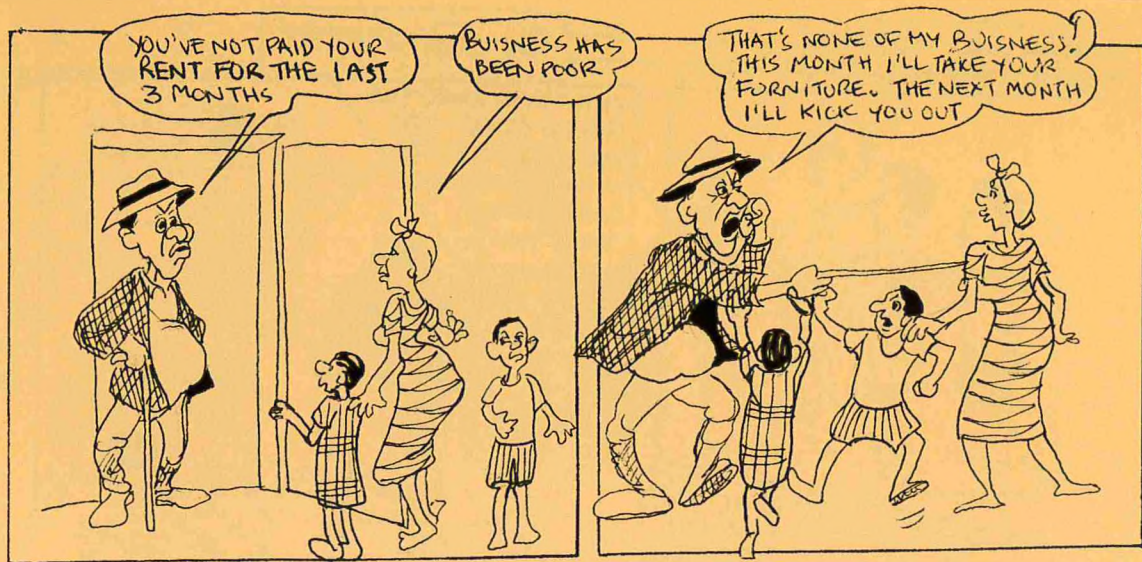


# Choose dignity





# Choose fair treatment





# Choose protection





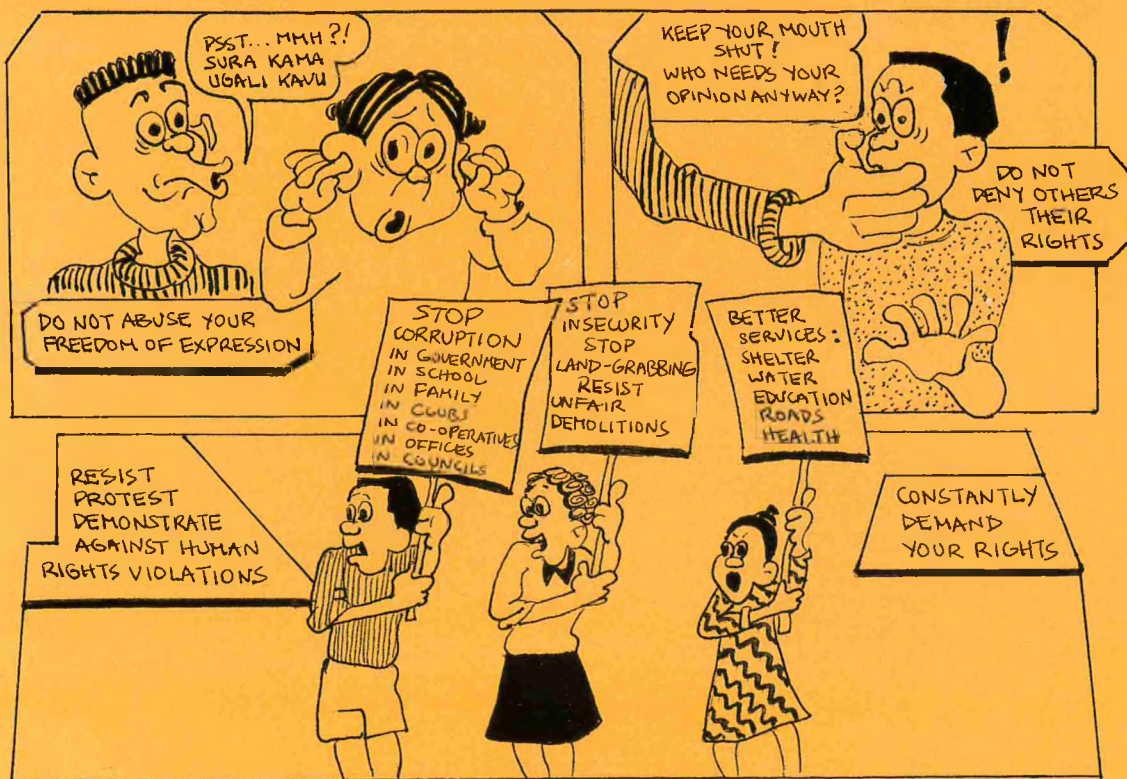
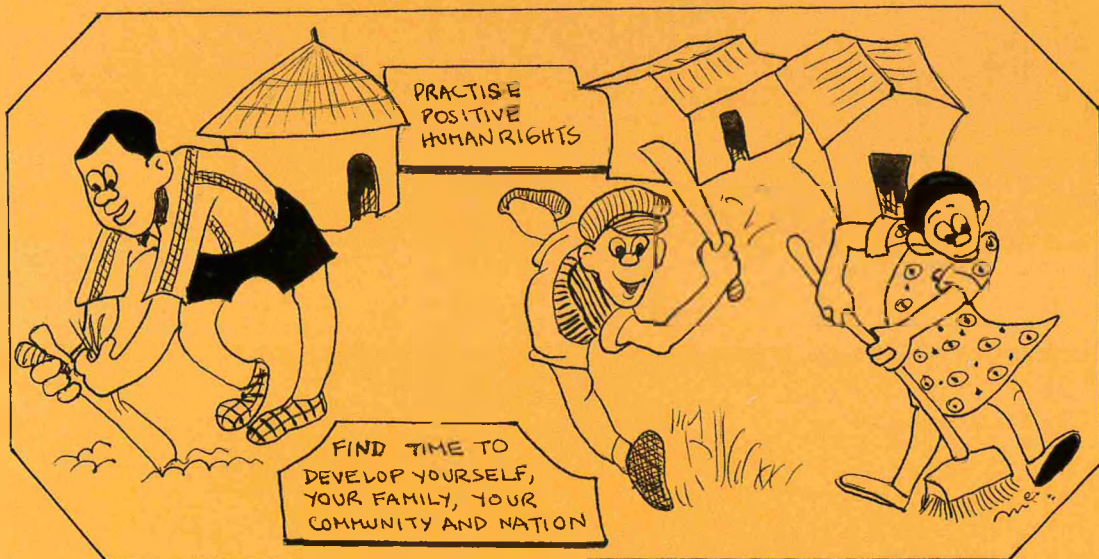
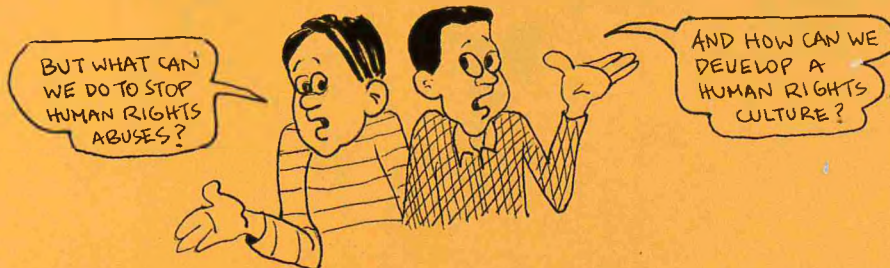
# Choose the right to life





# Take action for human rights

## Atiemo and Mambo Care





# Tumezinduka!



OHCHR LIBRARY  
8526

'Pamoja tutetee haki'



# 10 Tips for Human Rights Action

1. **DEBATES:** Are there rights issues that you that you know of or have been mentioned in the comic that you feel particularly strong about? Think of a motion, organize two teams and get debating. This will enable you to get different views on the particular issue while also helping appreciate the other people's perspectives.
2. **EXHIBITIONS:** Organize an art contest in your school or community in which the contestants will depict the key human rights issues/violations in your community. Have these displayed in your local social hall, church/mosque or school and ask participants to pick the best. You can, if possible, have these framed and displayed in local schools or offices.
3. **A HUMAN-RIGHTS ZONE:** Declare your school, home or local area a 'human rights zone'. Make sure that everyone within it respects people's rights and knows what their rights are.
4. **DRAMA:** Staging plays is a great way of informing people while at the same time entertaining them - usually called 'edutainment'. You can organize to stage plays showing how rights are violated and how this could be stopped. Invite members of your community to watch such plays and ask them to make comments about the issues that you raise.
5. **HUMAN-RIGHTS AWARDS:** Find out who has been doing great work promoting and protecting rights in your area and present them with an award. Invite everyone to witness the award giving ceremony, including the media.
6. **A HUMAN RIGHTS FAIR:** Organize speakers to give informative speeches on various issues of human rights.
7. **LETTER WRITING:** Write to Kenya Human Rights Commission and find out how you can help them with their Rapid Response Campaigns.
8. **DEFENDING HUMAN RIGHTS:** Write letters to the editors of the national and local newspapers about what you think about various issues of human rights. Report human rights violations giving full details of what the violation is, who it happened to, who did it, when and under what circumstances and send this to either the local newspapers or to Kenya Human Rights Commission.
9. **SONG, DANCE AND CHORAL VERSES:** compose any of these and ask to make presentations during key functions in your community or schools - such as during parents day, open days or during national/international days such as November 20th - International Children's Day or December 10th - Human Right's Day.
10. **VISITS:** Organize to visit juvenile homes to talk to children in such homes about human rights issues.

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